

# Les Tapas

As the name indicates, these are savoury snacks which can be enjoyed at any time of day. 'Les Tapas' from ARDO are quick and simple to prepare in the frying pan, oven or deep fryer.

These delicious bites fit in perfectly with the new market trends for fast, but very tasty and nutritious food.



*Vegetable fries  
Carrot & Parsnip*



*Beet Wedges*



*Vegetable burger*



*Broccoli nuggets*

## Vegan crispy



Veganism is growing rapidly around the world. This is an area where Ardo offer limitless solutions. Discover our wide range of vegetarian products that have that little something extra. Not just for veggies!



### Sweet potato wedges

The wedges have a **gluten-free coating** making them **extra crispy**. They make a great snack served with a spicy dip, and go great with roast meats and BBQ dishes.

**SPW210 - 4x2kg**



### Honey glazed parsnips

**Rustic chopped parsnip seasoned with delicious honey.** A crunchy, slightly sweet taste sensation guaranteed. Can just be heated up in the oven.

**UPG610- 4x2,5kg**



### Quinoa kale burger

These **vegetarian burgers are made from delicious vegetables** and make a great starter, side dish or a surprising vegan burger meal. The **quinoa crust** makes the burgers deliciously crunchy.

**UQB410 - 6x1,2kg**

